



Boone County
DEPARTMENT OF
PUBLIC HEALTH

1204 Logan Avenue ♦ Belvidere, Illinois 61008

Main Office: 815-544-2951 ♦ Clinic: 815-544-9730
Fax: 815-544-2050

The mission of the BCDPH is to protect and promote health in Boone County.

FOR IMMEDIATE RELEASE
October 12, 2015

Boone County Health Department
1204 Logan Ave.
Belvidere, IL 61008

Contact: Ellen Genrich
Public Information Officer
815.547.8590

Health Department Announces Prenatal Classes for Expecting Families

The Boone County Health Department is pleased to announce the kick-off of a six-week series on *Becoming a Mom* beginning October 15th. Classes will be held Thursdays from 6:00 to 8:00 p.m. at our offices at 1204 Logan Ave., Belvidere. All pregnant women and their families are eligible.

“We are pleased to be offering these classes to the community through a grant from the March of Dimes.”, said Amanda Mehl, Director of Personal Health Services. “We will explore prenatal care, nutrition during pregnancy, labor and delivery, stress management and infant care.”, continued Mehl.

Dinner will be provided and transportation will be available upon request. There are still openings for the class so please call our office at 815-544-9730 to reserve a spot for this fun and informative series.

####